



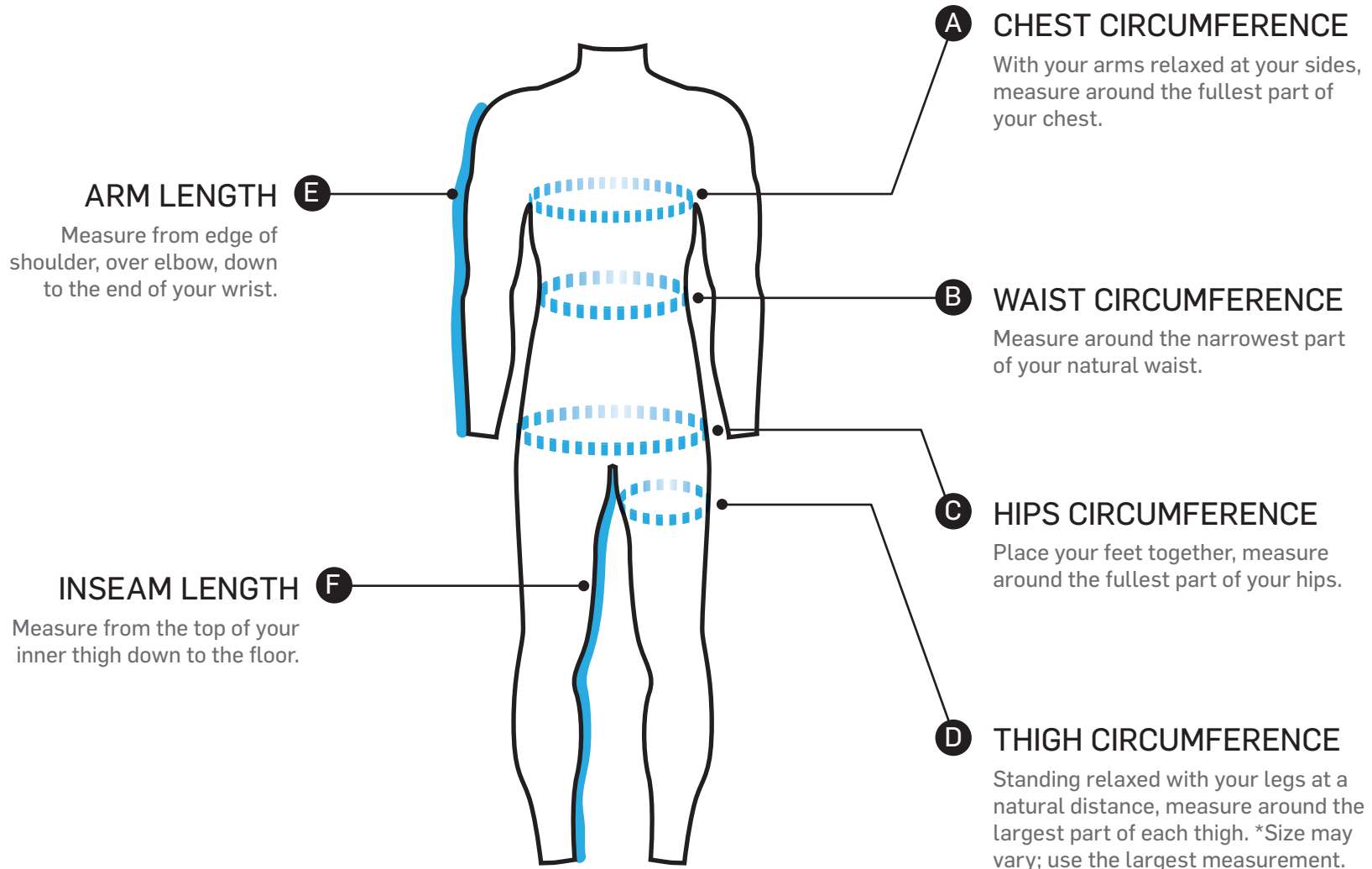
MEN'S

# 7MESH MEN'S BODY MEASUREMENT STANDARDS

METRIC CM		CHEST CIRCUMFERENCE	WAIST CIRCUMFERENCE	HIP CIRCUMFERENCE	THIGH CIRCUMFERENCE	ARM LENGTH	INSEAM LENGTH
	XS	91	76	91	56	57	77
	S	96	81	96	58	58	79
	M	101	86	101	61	61	81
	L	106	91	106	64	63	83
	XL	111	96	111	66	65	85
	XXL	116	101	116	68	67	87

IMPERIAL IN		CHEST CIRCUMFERENCE	WAIST CIRCUMFERENCE	HIP CIRCUMFERENCE	THIGH CIRCUMFERENCE	ARM LENGTH	INSEAM LENGTH
	XS	36	30	36	22	24	30½
	S	38	32	38	23	24½	31¼
	M	40	34	40	24	25	32
	L	42	36	42	25	25½	32¾
	XL	44	38	44	26	26	33½
	XXL	46	40	46	27	26½	34¼

# 7MESH MEN'S HOW TO MEASURE



## ? MEASUREMENT TIPS:

- For increased accuracy, enlist in the help of a friend!
- Ensure the measuring tape is comfortably snug and parallel to the floor all the way around.